

## Why TTM and who is it good for:

Just as in Thailand, almost everyone can benefit from the advantages of TTM.

The over fifties – enhance your mobility and maintain a harmonious balance as you grow older

Women – a well-earned treat after a tiring day

Men – recharge your batteries and stay fit. The best possible preparation for and follow-up after sport

Self-employed and hard-working individuals – a revitalising after-work massage

Children and adolescents – because relaxation is also a must after the stresses of school

Thailand enthusiasts – make your holiday last that bit longer

For everyone – simply because it does you good

As a special gift idea for someone close to you, and also massages for couples as an anniversary present

**We also offer exclusive gift vouchers for our Thai wellness massage**

**Groups of 2 persons or more receive a 10% discount per person**



# Baan Thai

Wellness &  
traditionelle Thaimassage



# Baan Thai

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## Opening hours

Mon.-Fr. 10:00 - 20:00 hrs

Sat.-Sun. 10:00 - 19:00 hrs

Wednesday - closed

Wir heißen Sie herzlich  
Willkommen.

## Prices

### TREATMENTS

In our Thai salon we offer the following treatments

#### T1. Traditional Thai massage

In this massage technique, which has been handed down from generation to generation over almost 2000 years, pressure is applied to your body's energy lines – warming and stretching your muscles as well as stimulating your blood circulation. For this massage you are comfortably dressed in a loosely-fitting cotton garment. The Thai massage is geared to regulating the flow of energy in your body and to easing tension. Mobility and vitality are perceptibly increased.

#### T2. Thai massage with warm herb compresses

In keeping with a traditional Thai massage your body is gently dabbed with a pleasantly smelling, warm herb compress. The herb compress contains 10 different herbs and natural active ingredients from Thailand. The aim of this treatment is to give in-depth relaxation to your muscle tissue as well as your spirit and your soul. An optimal treatment to relieve aching muscles.

#### T3. Thai massage with aromatic or herbal oils

This technique entails a soothing hand massage with a pleasantly smelling aromatic massage oil of your choice. It stimulates the energy lines of your body and the active ingredients of these natural oils are absorbed into your skin - causing feelings of relaxation and well-being.

A comforting, sensual treatment for body and soul. One side effect of this massage is that it helps stem premature ageing of the skin.

#### T4. Back, neck and shoulder massage

This massage targets the very susceptible area between your neck and back, where tension and cramps can accumulate. The massage movements are used in the places where tense muscles need to be relaxed. Consequently, your blood circulation increases and tension is reduced. You can feel the strains and stiffness melt away while you are being treated.

#### T5. Thai face massage

Your skin is cleansed and refreshed by a gentle peel consisting of natural products made from aloe vera and green tea. By rebalancing energy meridians and focusing on neural pressure points this treatment stimulates blood circulation, eases your muscles, and gently removes dead skin.

#### T5. Thai face massage

After a foot bath your feet and lower legs are gently cleansed with a aromatic mixture of Thai plant extracts. Then using a refreshing herbal balsam they are massaged and stimulated using a systematic acupressure technique. Pure relaxation and regeneration for one of the parts of our body that undergoes the most stress.

#### T1. Traditional Thai massage

60 minutes	€ 36.00
90 minutes	€ 49.00
120 minutes	€ 64.00

#### T2. Thai massage with warm herb compresses

60 minutes	€ 45.00
90 minutes	€ 60.00

#### T3. Thai massage with aromatic or herbal oils

60 minutes	€ 39.00
90 minutes	€ 52.00
120 minutes	€ 66.00

#### T4. Back, neck and shoulder massage

30 minutes	€ 20.00
45 minutes	€ 27.00

#### T5. Thai face massage

30 minutes	€ 21.00
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#### T5. Thai face massage

45 minutes	€ 30.00
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